



10-Night Session Program Example Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		7:00 – 8:00 Exercise	7:00 – 8:00 Exercise	7:00 – 8:00 Exercise		
	7:00 – 9:00 Breakfast	7:00 – 9:00 Breakfast	7:00 – 9:00 Breakfast	7:00 – 9:00 Breakfast	7:00 – 9:00 Breakfast	10:30- Noon Brunch
WELCOME TO YOUR DESTINATION	9 – 10 <i>Orientation</i>	Depart 9:00 Sight-Seeing Trip	9 – 10:15 Class	9 – 10:15 Class	9:00 – noon Additional Trip option	
2:00 – 5:00 <i>Registration</i>	10:15 – 11:30 Class		10:30 – 11:45 Class	10:30 – 11:45 Class		Sight-Seeing Trip
	Noon – 1:30 Lunch	Noon – 1:30 Lunch	Noon – 1:30 Lunch	Noon – 1:30 Lunch	Noon – 1:30 Lunch	
	2:00 – 3:30 Class	2:00 – 3:30 Class	2:00 – 4:00 Sight-Seeing Trip	2:00 – 4:00 Sight-Seeing Trip	2:00 – 3:00 Class	
5:00 – 6:00 WELCOME RECEPTION	3:30 – 5:00 <i>Free time to explore/rest</i>	3:30 – 5:00 <i>Free time to explore/rest</i>	4:00 – 5:00 <i>Free time to explore/rest</i>	4:00 – 5:00 <i>Free time to explore/rest</i>	3:00 – 5:00 Class	Dinner on Your Own
6:00 – 7:00 Welcome Dinner	5:00 – 6:30 Dinner	5:00 – 6:30 Dinner	5:00 – 6:30 Dinner	5:00 – 6:30 Dinner	5:00 – 6:30 Dinner	
7:00 <i>Movie or entertainment</i>	7:00 Entertainment or Lecture	7:00 Entertainment or Lecture	7:00 Entertainment or Lecture	7:00 Entertainment or Lecture	7:00 Theater Option (additional) or evening on your own	Have the opportunity to explore the city and choose a restaurant to try

10-Night Session Program Example Schedule

Sunday 7/24	Monday 7/25	Tuesday 7/26	Wednesday 7/27	Thursday 7/28	Friday 7/29	Saturday 7/30
	7:00 – 8:00 Exercise	7:00 – 8:00 Exercise				
10:30- Noon Brunch	7:00 – 9:00 Breakfast	7:00 – 9:00 Breakfast	7:00 – 9:00 Breakfast			
	9 – 10:15 Class		8:00 – 11:00 CHECKOUT			
9:00 – 5:00 Additional Trip option	10:30 – 11:45 Class	10:00 – Noon Sight-Seeing Trip				
Or afternoon on own	11:30– 1:30 Lunch	11:30 – 1:30 Lunch				
	2:00 – 4:00	2:00 – 3:30 Class				
	4:00 – 5:00 <i>Free time to explore/rest</i>	3:00 – 5:00 <i>Free time to PACK</i>				
5:00 – 7:00 Dinner	5:00 – 7:00 Dinner	5:00 – 7:00 Farwell Dinner				
7:00 GAME NIGHT	7:00 Entertainment	7:00 Entertainment/Farwell				